



Directions and parking for our Newbury practice

47 Cheap Street (top floor), Newbury, Berks RG14 5BX

Map and further details are on our [website \(www.bramhamtherapy.co.uk/contact\)](http://www.bramhamtherapy.co.uk/contact)

We are in the centre of town, directly opposite the Vue cinema and just a 3-minute walk from Newbury train station. ([map](#))

We are on the top floor of the building, above the blue-painted office of Apex Prime Care.

PARKING OPTIONS

Please allow 10-15 minutes before your appointment for parking

- Kennet Centre: Bartholomew St. Newbury, RG14 5BN
 - Central Car Park: Wharf Road, Newbury, RG14 5QP
 - Kings Road West (4 hours max.): Kings Road West, Newbury, RG14 5BY
 - If you have shopping to do at Sainsbury's you can park for a maximum of 2 hours for free: Hectors Way, Newbury, RG14 5AB
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ON ARRIVING AT THE PRACTICE

Please ring the intercom and either your own therapist or another therapist will answer the door and let you in. You are welcome to arrive a few minutes before your session and relax in our lovely waiting area. You can also use this space after your session if you would like. We do not have a receptionist, so if you arrive more than 5 minutes before your session, your therapist may be with another client and unable to answer the door.

Please ensure you have the mobile number of your therapist in case of any delays or problems on the day of your appointment.
