

Boarding School Syndrome: The Anatomy of a Trauma A day with Joy Schaverien

*Author of the Amazon and Guardian best seller: Boarding School Syndrome
The Psychological Trauma of the 'Privileged' Child*
Saturday, 16th November 2024, 10.00-16.00



LIVE ONLINE with full participation and interaction

The day will begin with an illustrated talk and discussion of the ABC-D of Boarding School Syndrome. This is the series of psychological traumas that contribute to what, in 2011, Joy first classified as Boarding School Syndrome. The multiple ordeals and ruptured attachments suffered by the children include Abandonment, Bereavement and Captivity. The resulting Disassociation may have lasting psychological consequences. These early traumas leave children vulnerable to paedophile adults, school bullies and the confusing, sexually charged, solace sometimes found with other children. This may have the long-term effect of distorting intimate relationships and adult sexuality.

In psychotherapy with ex-boarders over many decades the extent of the damage experienced in these institutions has come to light. This may present in psychotherapy as difficulty in making and maintaining intimate bonds. The healing journey in psychotherapy requires awareness in the therapist of all these facets of the trauma. It is hoped this day will engender a lively exchange of ideas and experiences.

Learning objectives

- Consideration of specialist ways of working with ex-boarders in the clinical setting.
- Awareness of particular sensitivities of Boarding School Syndrome.
- To draw attention to the subtle forms of abuse that take place in boarding school. (Challenging the mantra 'it never did me any harm').

New material will consider:

- Working with parents who sent their children to boarding school.
- Working with sibling relationships affected by the associated ruptured attachments.
- To consider ways in which there may be some form of resolution.

Professor Joy Schaverien PhD is a Jungian psychoanalyst, a Training Analyst of the Society of Analytical Psychology. She has published extensively on Boarding School Syndrome including two books: *The Dying Patient in Psychotherapy* (2020) and: *Boarding School Syndrome: The Psychological Trauma of the 'Privileged' Child* (2015). Her paper 'Revisiting Boarding School Syndrome: The Anatomy of Psychological Traumas and Sexual Abuse', was published in the *British Journal of Psychotherapy* in November 2021 and an article on Siblings is to be published this summer in *Attachment Journal*. Below are links to an article by Joy, commissioned for the Independent, and the Guardian letters page in response to Charles Spencer's recent memoir, 'A Very Private School':

<https://www.theguardian.com/education/2024/mar/22/for-many-of-us-boarding-school-was-no-gilded-life>

<https://www.independent.co.uk/life-style/royal-family/news/charles-spencer-memoir-boarding-school-b2510882.html>

TO BOOK: <https://www.bramhamtherapy.co.uk/events> Contact: events@bramhamtherapy.co.uk
Open to psychological therapists (including trainees) from all modalities and healthcare professionals.
Early bird price before 16th October 2024: £105, or after £115 CPD certificates will be supplied.
HELD LIVE ONLINE with full interaction and participation

Each delegate is responsible for self-care should material within our professional events trigger difficult feelings.