



Psychotropic Medication and Psychotherapy

With Dr Adrian Hayes MRCPsych

Saturday, 18th November 2023, 1000-1230, LIVE ONLINE

Introduction

In this half-day training, Dr Adrian Hayes will introduce the broad categories of medication used commonly in mental health services including

- their uses and how they work
- their effects and side effects

We will discuss together the effects of medication on **engagement in psychotherapy** and the role a therapist can have on exploring a client's relationship with medication.

We will also touch on the broader relationship between private therapists and NHS mental health teams.

The workshop will include a mix of didactic teaching, handouts, and plenty of time for questions/answers and discussion.

Dr Adrian Hayes is a Psychiatrist, Psychotherapist and Consultant in Medical Psychotherapy for Somerset NHS Foundation Trust. He has training and experience in medicine, psychiatry, and a variety of therapeutic modalities including psychodynamic psychotherapy, group analysis, MBT (mentalization-based therapy), CAT (cognitive-analytic therapy) and the Democratic Therapeutic Community model in prisons. He works predominantly with members of NHS mental health services who identify with complex trauma and personality disorder, particularly those with a high level of risk and complexity.



This is an **ONLINE EVENT** via Zoom with live discussion
Open to psychological therapists (including trainees) from all modalities
and healthcare professionals.

Early bird price before 18th October: £35, or after £45. CPD certificates will be supplied

TO BOOK: <https://www.bramhamtherapy.co.uk/events>

Contact: events@bramhamtherapy.co.uk

*Each delegate is responsible for self-care
should material within our professional events trigger difficult feelings.*