



CPD FOR THERAPISTS Working with Erotic Charge

Saturday, 25th June 2022, 1000-1630

HYBRID EVENT: Online and In-Person. Venue: 6A London Rd, Marlborough SN8 1PH

Introduction

When the erotic enters the therapy room we can be swept by strong emotions: arousal, disgust, enchantment, love, hate. This is complex, often subtle work, demanding integrity and rigour. This workshop often evokes a mix of excitement, nervousness and keen interest; an aliveness that feels ultimately life affirming.

In her work as a psychotherapist, supervisor and trainer, Allison Priestman is particularly interested in the meeting place between relational, embodied and wild ways of working. She supports practitioners to utilise and develop their therapeutic capacities, and to integrate intuitive and dream-like experiences with clinical understanding. Allison is curious how play, creativity, movement and the wild can resource practitioners in their work.



Allison will teach a theoretical framework to make sense of the embodied, relational complexity that can often unfold when the erotic emerges. She will be aiming to normalise the experience and support delegates to draw from their existing skill base. The day will combine experiential learning with taught theoretical input, including group discussion, explorations in small groups and supervision.

Delegates will learn:

- How to build confidence to work with Erotic Charge as it emerges in their practice
- An understanding of the Oedipus complex and how it might manifest in client work
- An ability to recognise the major pitfalls and possible re-enactments that may unfold when working with this material
- An appreciation of the complexity that childhood sexual abuse experiences can bring to the Erotic Charge within the therapy relationship

To view a [recent video](#) of Allison's approach to working with the erotic. https://youtu.be/Ej_xjHz5SI8

Allison Priestman lives and works just outside of Stroud Gloucestershire. She has been working for the past twenty years as an Embodied-Relational therapist and has been running workshops and webinars for the past ten years on the theme of Erotic Charge. Her professional bodies are the European Association for Body Psychotherapy, and the UK Association for Humanistic Psychology Practitioners. Allison is a member of the Embodied-Relational Training collective and has worked extensively with Nick Totton, also co-authoring her first book '*How to be a bad therapist*' with him. A recent review noted: '*Allison and Nick unpack the varied influences on how we 'try' to 'do' therapy and offer us an insight into the profound inter-relationship of this work. Their book touches upon the ethics, power dynamics, embodiment and wildness of the therapeutic encounter.*'

Open to psychological therapists (including trainees) from all modalities and health professionals

N.B. places limited to 15 for in-person attendance. Total max numbers 25 for safe sharing.

Fee for in-person attendance: early bird before 25th May 2022: £105, or after £115 to include refreshments and a light lunch (parking not included)

Fee for online attendance: early bird before 25th May 2022: £85; or after £95

CPD certificates supplied. TO BOOK: <https://www.bramhamtherapy.co.uk/events/>

Contact: events@bramhamtherapy.co.uk or 07599 369566

Each delegate is responsible for self-care should material at our professional events trigger difficult feelings

