



# Bramham Therapy

counselling · psychotherapy · integrated health

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## Directions and parking for our Newbury practice

**47 Cheap Street (top floor), Newbury RG14 5BX**

Map and further details are on our [website](http://www.bramhamtherapy.co.uk/contact) ([www.bramhamtherapy.co.uk/contact](http://www.bramhamtherapy.co.uk/contact))

We are in the centre of town, directly opposite the Vue cinema and just a 3 minute walk from Newbury train station. We are on the top floor of the building, above the blue-painted office of Apex Prime Care.

Please allow 10 minutes for parking (see below).

You may arrive up to 5 minutes before your appointment. If you arrive much earlier your therapist may be with another client and unable to answer the door. Please ensure you have the mobile number of your therapist in case of any delays or problems on the day of your appointment.

## LONG-TERM PARKING OPTIONS

(pay by phone or pay and display)

1. Kennet Centre: Bartholomew St, Newbury, RG14 5BN
2. Central Car Park: Wharf Rd, Newbury, RG14 5QP
3. Kings Road West (4 hour max): Kings Rd W, Newbury, RG14 5BY
4. If you have shopping to do at Sainsbury's, you can park for a maximum of 2 hours for free: Hectors Way, Newbury, RG14 5AB