
Covid Safety Guidelines for Clients and Visitors **Updated 18th December 2021**

Precautions we have taken:

- we have complied with Government's advice to provide a Covid secure workplace
- our therapists are now working face to face as well as via video link/telephone; you and your therapist can decide together the format which is most suitable
- hand sanitisers are available in all areas of our building
- we have increased our hygiene standards and ensure touch-points are cleaned regularly
- counselling chairs will be placed 2m apart wherever possible
- ventilation is increased wherever possible

Requirements we kindly ask of you:

- please discuss any Covid safety concerns directly with your therapist
- if you or anyone in your household feels unwell please carry out a lateral flow test 24 hours prior to visiting us.
- please do not visit our clinics if you or anyone in your household is tested positive, and inform your therapist immediately
- please follow the Government's rules on testing or isolation if you are tested positive or come into contact with anyone infected. Please inform your therapist immediately
- please use hand gel on entering and leaving our buildings
- it is advisable to wear a face-covering in communal areas, especially where physical distancing is not possible. As a general rule, we do not require clients to wear a mask in-session unless your therapist asks you to do so (please discuss this with your therapist if you are concerned).

Whilst we have put all safety measures in place, there will always be a small degree of risk, therefore each person is responsible for their decision about visiting our clinics

If you are looking for a therapist please fill out our confidential enquiry form accessible on our website homepage:

<https://form.jotform.com/Bramham/client-enquiry>

or call 07468 573866 (please leave a voicemail)

or email: appointments@bramhamtherapy.co.uk

We offer free resources to support your health – see our website for more information:

<https://www.bramhamtherapy.co.uk/resources/>

Thank you for your support and cooperation