

## Covid Safety Guidelines for Clients and Visitors

Updated 16<sup>th</sup> May 2021

Precautions we have taken:

- we have complied with Government's advice to provide a Covid secure workplace
- our therapists are now working face to face as well as via video link/telephone; you and your therapist can decide together the format which is most suitable
- we have increased our hygiene standards and ensure touch-points are cleaned regularly
- counselling chairs will be placed 2m apart wherever possible
- ventilation is increased wherever possible

Requirements we kindly ask of you:

- please discuss any Covid safety concerns directly with your therapist
- please do not visit our clinics if you or anyone in your household/bubble have Covid-19 symptoms (temperature, new continuous cough, loss of smell/taste)
- please do not visit if you or anyone in your household/bubble has been tested positive within the last 14 days. Please inform your therapist immediately
- please use hand gel on entering and leaving our buildings
- you and your therapist are not required to wear a mask during the session but may do so if you or they prefer (please discuss this with your therapist if you are concerned)

Whilst we have put all safety measures in place, there will always be a small degree of risk, therefore everyone is responsible for their decisions about visiting our clinics

**To book therapy appointments or for advice please call 07468 573866 or email:**  
[mel@bramhamtherapy.co.uk](mailto:mel@bramhamtherapy.co.uk)

We offer free resources to support your health – see our website for more information:  
<https://www.bramhamtherapy.co.uk/resources/>

Thank you for your support and cooperation