



Covid Safety Precautions for Clients and Visitors

Updated 4th January 2021

Please note the precautions we have taken and requirements we kindly ask of you to ensure a safe and comfortable environment:

- We have complied with Government's advice to provide a Covid secure workplace
- In all tiers as well as during 'lockdown' our clinics remain open
- Many of our therapists are permitted to work face to face provided precautions are in place and a risk assessment has been carried out. Additionally, our therapists offer sessions via video link/telephone when face to face sessions are not appropriate
- You and your therapist can decide together the format which is most suitable. Please discuss any concerns directly with your therapist.
- We kindly ask you to please not visit our clinics if you or anyone in your household have Covid-19 symptoms (temperature, new continuous cough, loss of smell/taste). If you or anyone in your household/bubble is tested positive, please inform your therapist immediately
- If you are a key worker, please let your therapist know as it may be advisable to continue sessions remotely
- Following Government advice, please try to avoid public transport when travelling to our clinics
- We have increased our hygiene standards and ensure touch-points are cleaned regularly
- We ask everyone to use hand gel on entering and leaving our buildings
- Counselling chairs will be placed 2m apart wherever possible
- Ventilation is increased wherever possible
- Clients and therapists are not required to wear a mask but may do so if they prefer (please discuss this with your therapist if you are concerned)

Whilst we have put all safety measures in place, there will always be a small degree of risk, therefore everyone is responsible for their decisions about visiting our clinics

We are open to taking new appointments

Please call 07468 573866 or email: mel@bramhamtherapy.co.uk

Depending on availability, we are offering **low-cost sessions to key workers** as well as free resources to support your health - see our website for more information: <https://www.bramhamtherapy.co.uk/>

We will continue to monitor the situation and adapt accordingly.

Thank you for your support and cooperation