

CPD FOR THERAPISTS

Accessing the Unconscious; A Jungian Exploration of Dream and Fantasy with Stephen Bushell

Saturday, 27th February 2021, 1000-1600

This will be a live ONLINE event including full interaction/discussion and breakout rooms
Delegate numbers limited to 16 to facilitate experiential learning

Introduction

For Carl Jung our dreams and fantasies give us direct access to the unconscious. The creative function of the psyche, which is largely unconscious, is to produce symbolic images that we can bring into consciousness by working with our dreams and fantasies. In this way we work on expanding consciousness as it becomes more able to contain previously split off material; and most importantly we approach the Self, that central archetype of order and wholeness which, in collaboration with the ego, energises and directs our journey of becoming.



In this workshop Stephen will guide us in working with dreams (our own and from client material): how to work with feeling in dreams, exploring the symbolic nature of the material and how to conduct 'active imagination' with figures in our dreams. The format will be a mix of some time teaching of concepts and methodology and plenty of opportunity for experiential learning.

No previous knowledge of Jung is necessary nor expected, just an openness to explore together.

Biography - Stephen Bushell is a Jungian Analyst in private practice in Buckingham. He is a member of the International Association of Analytical Psychologists (IAAP) and is registered with the UKCP. Prior to working as an analyst, for 15 years Stephen provided Spiritual and Pastoral care in inpatient and community Mental Health services across Oxfordshire and Buckinghamshire. He has a long standing interest in the interface of spirituality and psychotherapy and particularly in the practice of meditation.

This event will be open to all therapists (including trainees) and health professionals
Restricted delegate numbers to 16, so early booking advisable.

Fee: Early bird before 27th January: £95; or after £105. CPD certificates supplied

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Contact: events@bramhamtherapy.co.uk or 07599 369566

Each delegate is responsible for self-care should material at the event trigger difficult feelings