



---

## Safety Precautions for Clients and Visitors

Updated 20 July

Please note the precautions we have taken and requirements we kindly ask of you to ensure a safe and comfortable environment:

- Some of our therapists are now working face to face, and most are also offering sessions online or by telephone
- Each therapist and client will decide between themselves how therapy is conducted. Please discuss your preferences and any concerns directly with your therapist. If you are a key worker please let your therapist know as it may be advisable to continue sessions remotely
- We kindly ask you to please not visit our clinics if you or anyone in your household have Covid-19 symptoms (temperature, new continuous cough, loss of smell/taste). If you or anyone in your household is tested positively please inform your therapist immediately
- Following Government advice, please try to avoid public transport when travelling to our clinics
- We have increased our hygiene standards and ensure touch-points are cleaned regularly
- We ask everyone to use hand gel on entering and leaving our buildings
- Counselling chairs will be placed 2m apart wherever possible
- Ventilation is increased wherever possible
- Clients and therapists are not required to wear a mask but may do so if they prefer (please discuss this with your therapist if you are concerned)

Whilst we have put all safety measures in place, there will always be a small degree of risk, therefore each individual is responsible for their decisions about visiting our clinics

We are open to taking new appointments

Please call 07468 573866 or email: [mel@bramhamtherapy.co.uk](mailto:mel@bramhamtherapy.co.uk)

We are offering **free/low-cost sessions to key workers and to parents of school-age children**, as well as free resources to support your health – see our website for more information :

<https://www.bramhamtherapy.co.uk/>

We will continue to monitor the situation and adapt accordingly.

Thank you for your support and cooperation