



## Wendy Bramham Therapy

Counselling, Psychotherapy & Complementary Health  
in Newbury & Marlborough

[www.wendybramham.co.uk](http://www.wendybramham.co.uk)

# Parenting Masterclass with Suzie Hayman

## *Second-Time Around*

Understanding and Managing the Unique Challenges of Step-Families

Saturday, 4<sup>th</sup> February 2017, 2 pm – 5 pm. Venue: White Horse Bookshop, Marlborough

Are you part of a step- or blended family? Whilst all families face challenges, one thing unites all stepfamilies, and sets them apart from all first-time families - someone has died or a relationship has ended for the new family to be there at all. And from this single fact, a whole range of issues can arise.

This seminar with parenting expert and broadcaster, Suzie Hayman, will give us the chance to reflect on the issues facing stepfamilies and ways of dealing with our dilemmas. We will also address general parenting concerns. You will leave feeling more informed and confident in dealing with the following areas related to step- or blended families:



*Suzie Hayman*

- Unfinished business and baggage
- Different agendas, rules and parenting styles – and the kids have their view too!
- Coming to terms with being a parent to someone else's kids
- Grandparents' roles and feelings
- Managing bringing up children across two separate households
- Flash points: family events, birthdays, anniversaries, holidays and Christmas
- Second chances: the positive story about stepfamilies

**Plus:** general advice on parenting, geared to your individual questions. We look forward to seeing you there.

**Suzie Hayman** is a Relate-trained counsellor, parenting educator, broadcaster and author of thirty one educational books on families and parenting, including *How to Be a Great Step-Parent*, *Raise a Happy Teenager*, *How to Have a Happy Family Life* and *Parents and Digital Technology*, raising the connected generation, written with child psychologist John Coleman. She is agony aunt for Woman magazine, and was seen guiding five families through their family dilemmas on the major BBC1 series, *Stepfamilies*.

The seminar will be suitable for all parents, step-parents, grandparents and guardians/carers of children, teenagers and young people who are part of a step- or blended family.

“Early bird” price by 7<sup>th</sup> January: £35, or after £45. Includes refreshments, but not lunch or parking.

**Numbers limited to ensure maximum benefit for participants on the day.**

Venue: [White Horse Bookshop](#) (workshop studio), 136 High Street, Marlborough, SN8 1HN

Please BOOK ONLINE: [www.wendybramham.co.uk](http://www.wendybramham.co.uk) (seminars tab)

Contact: [seminars@wendybramham.co.uk](mailto:seminars@wendybramham.co.uk) or phone 07464 783446

