



# Wendy Bramham Therapy

Counselling, Psychotherapy & Complementary Health  
in Newbury & Marlborough

[www.wendybramham.co.uk](http://www.wendybramham.co.uk)

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## Opening the Hidden Door: Working with Dreams in Therapy Matthew Harwood

Saturday, 24<sup>th</sup> September 2016, 9.30 am – 5.30 pm  
St Nicolas' Hall, West Mills, Newbury, RG14 5HG

*'The dream is a little hidden door in the innermost and most secret recesses of the soul.'* (CG Jung)

Please note: the material for this workshop will be different from Matthew's previous seminar held at Wendy Bramham Therapy in 2014.

### Introduction

Learning how to interpret dreams is a specialist topic within the whole field of psychotherapy and many practitioners feel inadequately prepared for the dream material which their clients bring – material which, if properly understood, can supply vital information about the client's unconscious psycho-dynamics, and bring healing & growth.

This workshop is designed to fill the gap. Utilising a highly practical & systematic approach, the participants will learn the basic principles of effective dream interpretation and, through a series of exercises based on client material supplied, will have the opportunity to practise & improve their skills. The methods taught may be used by counsellors & therapists from all trainings & orientations and require no previous dream-work experience. They will also give the participants powerful tools enabling them to interpret their own dreams.



### Biography – Matthew Harwood (back by popular demand)

Matthew ([www.matthewharwood.co.uk](http://www.matthewharwood.co.uk)) is a Jungian Analyst & Psychotherapist in private practice in the Bath & Bristol area. He has a Diploma in Analytical Psychology from the CG Jung Institute in Zürich. He is a senior (training) analyst with the Independent Group of Analytical Psychologists (IGAP) and has a specialist interest in working with dreams & active imagination. He has also completed trainings in Pesso Boyden Psychotherapy & Internal Family Systems therapy (IFS). He is a gifted communicator who has lectured & given workshops widely in the UK & overseas and is well-known for his lively & inspirational style of presentation.

*"I found this to be one of the best workshops I have attended in a long while. Clear, concise and inspiring." Attendee's feedback, Matthew's previous dream seminar in 2014 at WBT.*

This seminar will be open to all therapists and health professionals.

"Early bird" price before 24<sup>th</sup> August 2016: £85, or after £95. Does not include lunch.

Venue: St Nicolas' Hall, West Mills, Newbury, West Berkshire RG14 5HG

[Online bookings and payment now available](http://www.wendybramham.co.uk) at our website, plus full seminar programme:

[www.wendybramham.co.uk](http://www.wendybramham.co.uk) (seminars tab)

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