



# Wendy Bramham Therapy

Counselling, Psychotherapy & Complementary Health  
Newbury & Marlborough

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SEMINARS FOR THERAPISTS & HEALTH PROFESSIONALS

## Autism and the Therapeutic Relationship Alison Edwards

Saturday, 27<sup>th</sup> February 2016, 10 am – 1 pm  
St Nicolas' Hall, West Mills, Newbury, RG14 5HG

### Introduction

This seminar will be helpful to anyone wishing to learn more about Asperger's Syndrome and Autistic Spectrum Disorder (ASD), with particular relevance to working therapeutically with young people who have this condition and exploring the implications for working with adults.

The morning will cover:

- What is ASD?
- Exploring what it means to have a diagnosis of ASD.
- Discussion regarding how to build a therapeutic relationship, what works and is useful.
- Discussion regarding anxiety and blocks to communication which can cause isolation, limiting the full potential of young people and adults with ASD.

This seminar will be interactive and will include an experiential exercise to help develop professional skills and flexibility when working with clients presenting with ASD.

### Biography

**Alison Edwards** trained and worked as a qualified Social Worker from 1995 before re-training and qualifying as an Integrative Arts Psychotherapist at the Institute for Arts in Therapy and Education in Islington in 2004. Alison has worked with children, adults and young people for over twenty years in a range of settings including Social Services Child and Adolescent Teams, Education, Youth Offending Teams and CAMHS. Alison presently works within education, specialising with young people with ASD and learning needs, and has a private practice for adults and young people.

*This seminar will be open to all therapists and health professionals.*

“Early bird” price before 27<sup>th</sup> January 2016: £35, or after £45

Venue: St Nicolas' Hall, West Mills, Newbury, West Berkshire RG14 5HG

For bookings: [seminars@wendybramham.co.uk](mailto:seminars@wendybramham.co.uk) or phone 07464 783446

To see our full seminar programme: [www.wendybramham.co.uk](http://www.wendybramham.co.uk) (seminars tab)

