



Bramham Therapy

counselling · psychotherapy · integrated health

Directions and parking for our Newbury practice

47 Cheap Street (top floor), Newbury RG14 5BX

Map and further details are on our [website](http://www.bramhamtherapy.co.uk/contact) (www.bramhamtherapy.co.uk/contact)

We are in the centre of town, directly opposite the Vue cinema and just a 3 minute walk from Newbury train station. We are on the top floor of the building, above the blue-painted office of Apex Prime Care.

Please allow 10 minutes for parking (see below).

You may arrive up to 5 minutes before your appointment. If you arrive much earlier your therapist may be with another client and unable to answer the door. Please ensure you have the mobile number of your therapist in case of any delays or problems on the day of your appointment.

PARKING OPTIONS

The Kennet Centre is the nearest car park, but there are various options:

1. Parking in Cheap Street is free for one hour maximum. Additionally there are paid-for spaces for up to 4 hours at the back of the premises, down Kings Road West; however, they are likely to be full unless you arrive at the beginning or end of the normal working day.
2. Pay and Display car park at Market Street (next to Bus Station) approx £1 per hour (max 10 hours) which is a 3 minute walk to our practice. Shorter-term parking is available in the Kennet Centre. It is a 2 minute walk to our Practice.
3. If you have shopping to do at Sainsbury's, you can park for a maximum of 2 hours. It is a 2 minute walk to our Practice. From here you will need to cross over the A339 dual carriageway at the pelican crossing, and go straight on. Walk into the large private car park (a new brick building with blue windows). At the rear of this building there is a small alley way at the back left corner which gives access to Cheap St.